



INSTRUCTION MANUAL

CARDIO H 70mg

Oral It is taken orally.



**It is 100% herbal and has no additives or synthetic preservatives.
There are no additives or components that will harm human and animal health.
There are no additives or compounds that will harm the nature.**

ANALYZED ITEMS

- Vitamin A, Vitamin B, Vitamin C,
- Calcium, Magnesium, Potassium,
- Selenium, Zinc, Phosphorus, Iron,
- Beta – Carotene, Vitamin K

Before starting CARDIO H 70 mg, carefully read this INSTRUCTIONS FOR USE; It contains important information for you.

- Keep this user manual. You can need to read again.
- If you have other questions, please talk your doctor or pharmacist.
- **CARDIO H 70 mg** is produced for personal use.
- When using CARDIO H serum, inform your doctor or pharmacist that you are using **CARDIO H 70 mg**.
- Read the instructions carefully. Do not use high or low doses other than the recommended dose for **CARDIO H 70 mg**.
- **Answer your medical questions 24/7 we can offer you right advice.by pharmacy inan gulem and dr rasim aydogan**

Active ingredient

- Allium sativum (No Contribution) SRMSK
- Citrus (No Contribution) LMN
- Syzygium aromaticum (No Contribution) KRNFL

IN THIS OPERATING INSTRUCTIONS

- WHAT IS **CARDIO H 70 mg** and what is it used for?
- The importance of **CARDIO H 70 mg** and HEART - VASE HEALTH
- How to use **CARDIO H 70 mg**?
- Possible SIDE EFFECTS
- Storage of **CARDIO H 70 mg**

WHAT IS CARDIO H and what is it used for?

CARDIO H 70 mg is sold in special packaging as liquid drops, capsules or ampoules.

CARDIO H 70 mg is produced in 3 forms.

1. CARDIO H (Drop bottle)
2. CARDIO H (ampoule bottle)
3. CARDIO H (Capsule)

- CARDIO H 70mg (Drop bottle)



- CARDIO H 50mg - (Ampoule bottle)



CARDIO 70 mg IS FORMULATED AND MANUFACTURED BY HC Medical Pharmacy.

Pharmacist İnan GULEM and Doctor Rasim AYDOGAN

- **CARDIO H 70mg – (Capsule)**



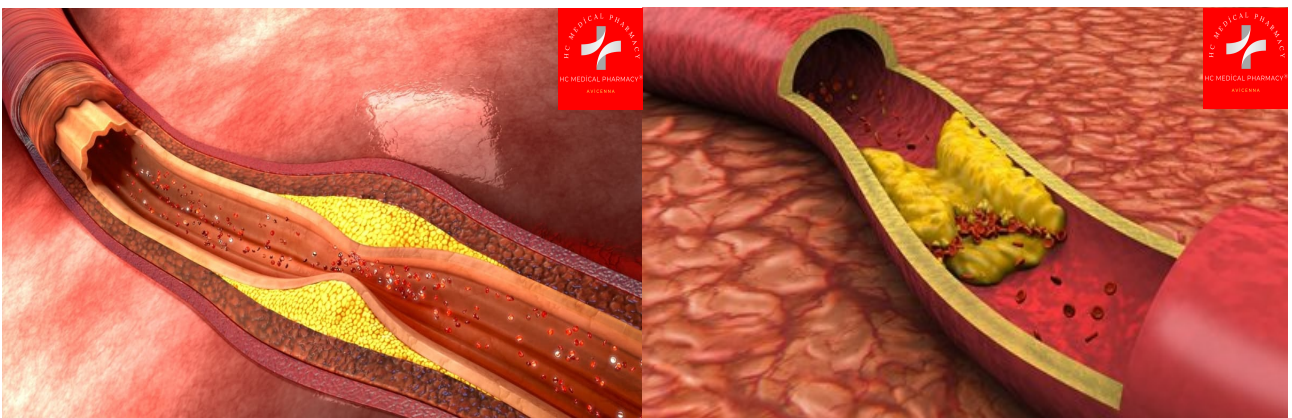
CARDIO H is 70 mg heart and vascular serum and it is an important serum prepared for your daily use and can be used even in healthy conditions.

It contains garlic and cloves as active ingredients; orally taken from the plant itself, which is called *Allium sativum* and *Syzygium aromaticum* in Latin; cardiovascular serum.

Helps you become anatomically stronger and more organized. It is prepared for regular use in your daily life. It contains important vitamins and minerals for your cardiovascular health.

At the same time, for the heart chambers (atria and ventricles) to pump enough blood;

CARDIO H 70mg clears the plaque formation of the chambers (vessels) over time.



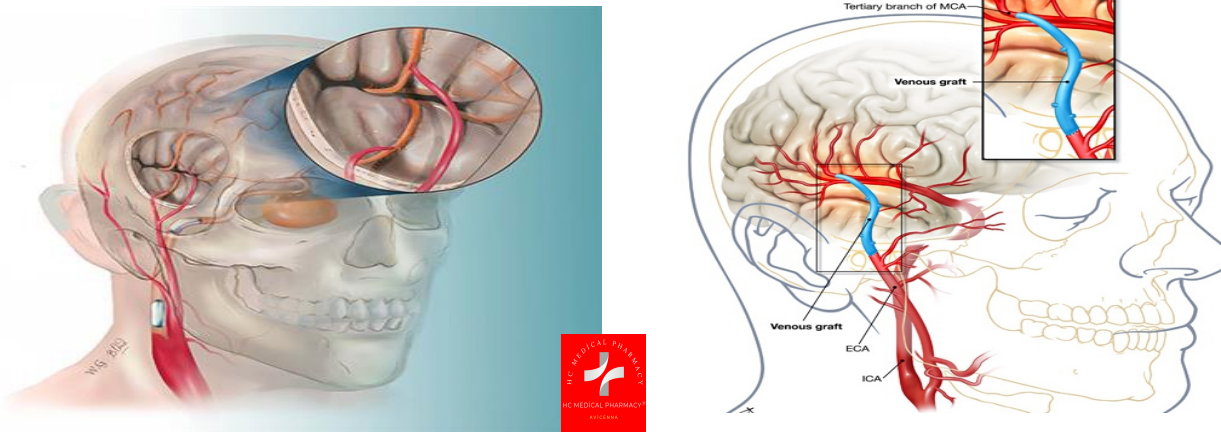
You can use CARDIO H 70 mg daily from the age of 4 years.

CARDIO H 70 mg will end your tired mood and will greatly benefit your cardiovascular health thanks to the vitamins and minerals it contains.

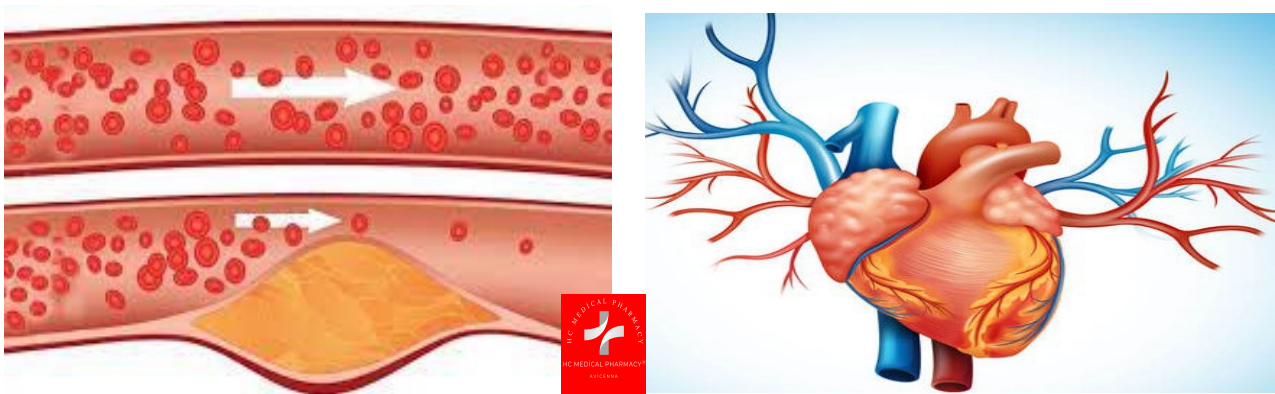
It is very important for patients who have had stroke, stroke, ischemic (vascular occlusion), hemorrhagic (bleeding in the vein) and traumatic paralysis, or patients who are at risk of having a stroke, to use **CARDIO H 70 mg**.

- Stroke (stroke), cerebral blood vessels occluded
- Loss of control, sensory changes, cognitive and speech disorders,

- Character disorder starting with balance disorder and coma,

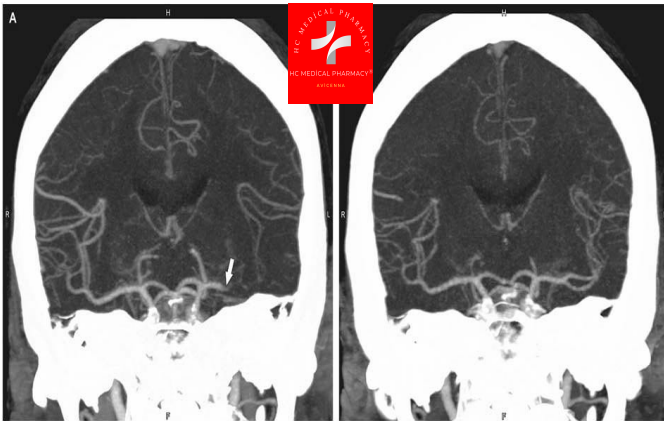


- It is important to use **CARDIO H 70mg** in patients who have had or seem to be at risk of brain damage.
- It is of great importance for patients who have hemiplegia (paralysis of one half of the body) or who are at risk of hemiplegia by your doctor, to use **CARDIO H 70 mg**.
- With the use of **CARDIO H 70mg** by blood pressure and hypertension patients, it helps to reduce blood pressure to normal level and normalize body diction.
- Helps to protect heart, vein and brain health; **CARDIO H 70 mg** full reaction is 100% herbal and there is no chemical substance or any element that will harm human health or any substance that will cause a reaction.

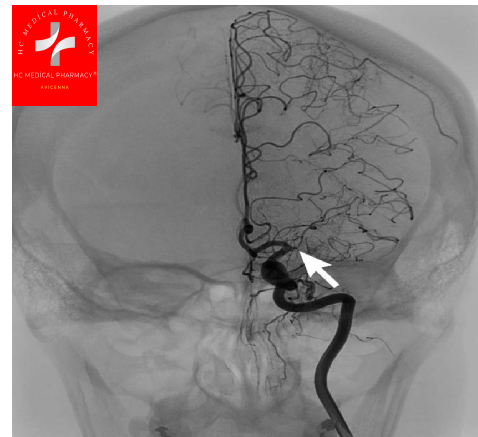


The importance of **CARDIO H 70 mg** and HEART - VASE health

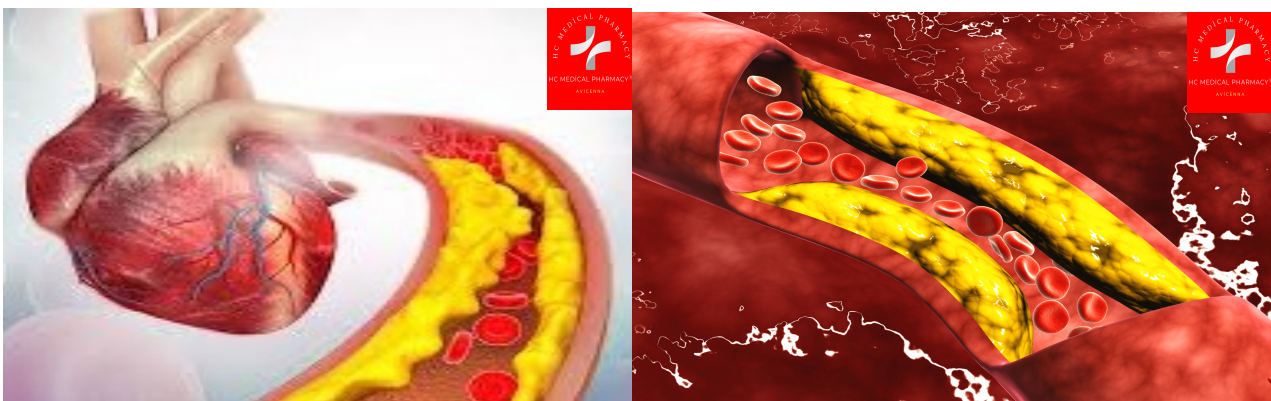
- **HIGH-SENSITIVE CRP:** In recent studies, the relationship between hs-CRP elevation and cardiovascular disease has been revealed. A value of <0.7 mg/L is considered normal, and values above increase the risk of cardiovascular disease.
- **HDL CHOLESTEROL:** The benign cholesterol HDL has a protective role in the development of atherosclerosis. Therefore, a low HDL value below 40 mg/dl constitutes an important coronary risk factor.



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- **TRIGLICERID:** High triglyceride levels do not pose much of a risk on its own in the development of cardiovascular disease. However, low HDL, insulin resistance, small dense LDL and abdominal circumference that often accompany this pose a serious risk. Triglyceride level needs to be kept at 150 mg/dl or less.
- **HYPERHOMOCYSTEINEMIA:** Plasma homocysteine levels above 15 mol/L were defined as an independent risk factor for arteriosclerosis. Those with homocysteine levels above this level have a 3.4-fold increased risk of myocardial infarction within 5 years.
- **LIPOPROTEIN(a):** It is known that genetically determined lipoprotein(a) elevation is an important risk factor for early myocardial infarction and stroke. Increased Lp(a) and LDL (bad cholesterol) levels, when seen together, constitute an important risk factor for cardiovascular disease.
- **CARDIO H** helps in protecting the cardio vasculer and cerebrum.



How to use CARDIO H 70 mg?

A - - - CARDIO H is liquid – capsule or ampoule;
 Open in the morning 20 drops – Open in the evening 20 drops are used by dripping into the water;

(For children, it can be drunk by dripping into real squeezed fruit juice or buttermilk)

B - - - The serum in CARDIO H format is also available as ampoules and capsules. The healthiest way to use it is to be consumed with water.

After using **CARDIO H 70mg**

15-20 min. You need to stop consuming food and drink.

Do not use any other food supplement or MEDICINE with CARDIO H 70 mg.

It has a daily tolerance of Extra 10 drops.

Suitable for use from +4 years of age.

Possible SIDE EFFECTS

Those who are allergic to lemon or acidic and have a high allergic reaction

1 lemon: Acid content in the range of 7.2% - 9%

1 piece of Lemon: 5% - 6% Citric acid <<>> PH 2.2 – 3.0

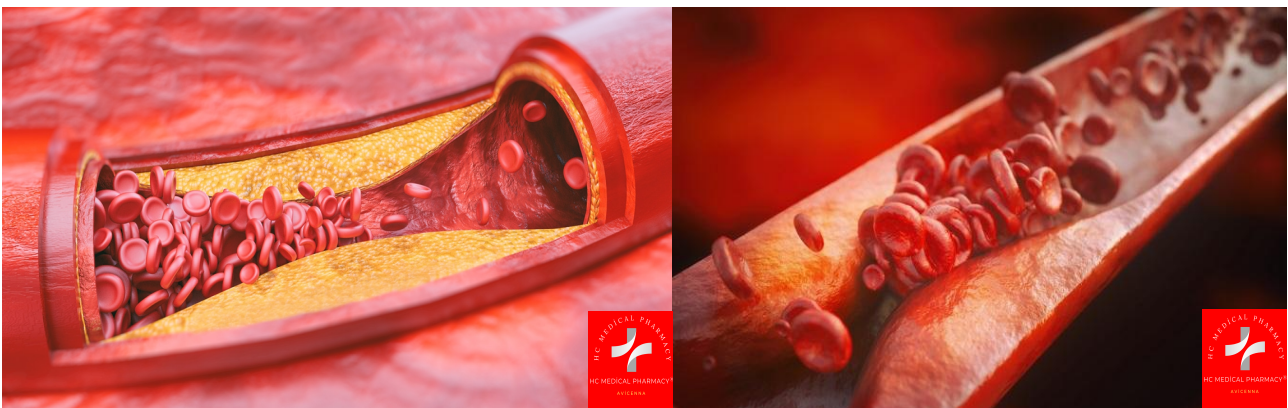
Those who are allergic to garlic and its family and have a high allergic reaction

It is not recommended to use with clove allergy and high allergic reaction.

NO SIDE EFFECT IS OBSERVED IN NORMAL SITUATIONS.

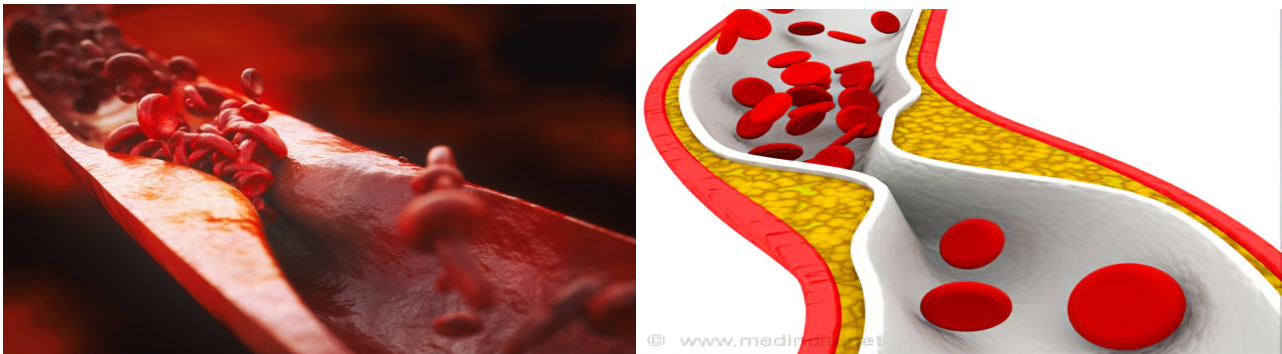
After / before the use of **CARDIO H 70 mg**, the following drugs, supplements and oils can be used.

- Atorvastatin is used to lower blood cholesterol,
- Cyclosporine (used in organ transplantation and autoimmune diseases),
- Conivaptan (used for low blood sodium levels),



- Muscle relaxants (eg suxamethonium chloride),
- Phosphodiesterase inhibitors (eg, theophylline, used in the treatment of asthma),
- Medicines that relax the intestines (eg diphenoxylate, loperamide),
- Drugs that increase potassium levels (eg, spironolactone, potassium canrenoate, amiloride, triamterene, potassium salts),
- Drugs that bind to glycoside and reduce glycoside absorption and inhibit enterohepatic (liver-biliary cycle) recirculation (e.g. activated charcoal, cholestyramine, colestipol, antacids, kaolin pectin, some bulking laxatives, s ucralfate),

- Metoclopramide (used to treat nausea and vomiting),
- Acarbose (used in the treatment of diabetes),
- P-glycoprotein inhibitors.
- Calcium salts,
- Quinine (used to treat malaria),
- Medicines used to treat infections
(eg, macrolide antibiotics [clarithromycin, erythromycin, and azithromycin], tetracyclines, gentamicin, trimethoprim, ritonavir and saquinavir, itraconazole, neomycin, 4-aminosalicylic acid [PAS], rifampicin, benzyl penicillin, amphotericin B),



- Medicines that affect the levels of substances important for electrical conduction (electrolytes such as sodium, potassium, etc.), such as diuretics (diuretics) (spironolactone) and laxatives (softeners of intestinal contents) (especially long-term use),
- Corticosteroids (cortisone derivatives)



- Hormones (eg, adrenocorticotrophic hormone)
- Cytostatic drugs (cancer drugs),
- Medicines used in the treatment of rheumatoid arthritis (eg, penicillamine, sulfasalazine),
- Adrenaline-like drugs (sympathomimetics), eg, salbutamol, are used in asthma.
- Medicines used for pain relief or inflammation (eg, aspirin, indomethacin, Nonsteroidal anti-inflammatory drugs [NSAIDs]),
- Medicines used to treat depression (eg, lithium salts, tricyclic antidepressants, St. John's Wort [*Hypericum perforatum*]),
- Carbenoxolone (used for mouth ulcers and inflammation),
- Medicines used in the treatment of high blood pressure (eg, verapamil, felodipine, tiapamil, captopril, prazosin, beta-blockers, reserpine),



- Drugs used in the treatment of irregular heart rhythm (quinidine, amiodarone, flecainide, propafenone, phenytoin),
- Anticholinergic agents (eg, atropine, propantheline),
- Medicines used in the treatment of anxiety disorders (eg, alprazolam),

CARDIO H 70mg saklanması

You can store it at room temperature (20 degrees – 24 degrees)

You can store it in the refrigerator (2 degrees - 5 degrees)

HAMİLELİK

Do not use in case of pregnancy unless you consult your doctor.

Breastfeeding

It passes into breast milk; Consult your doctor before use.

ARAÇ ve MAKİNE KULLANIMI

If you experience dizziness, drowsiness or visual impairment after taking **CARDIO H 70 mg**, do not drive or operate machinery or tools until you feel normal again.

**HC MEDICAL PHARMACY LTD. STI. MANUFACTURED BY.
MANUFACTURING PLACE : UNITED KINGDOM - ENGLAND
PRODUCTION DATE: EXPIRATION DATE: IMMORTAL**

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Artificial intelligence technology is used

